



Arquidiócesis
de Tlalnepantla
Tierra de en medio

Fichero Compendio

Autoconocimiento

Ficha 8

El mundo es un gran zoológico



Objetivo

Prestar atención a la realidad, estar atento a lo que el joven va viviendo y lo que va descubriendo en la naturaleza misma. Ayudarle a tomar conciencia de su realidad y autoconocimiento.

Me preparo

En nuestro mundo hay una gran variedad de animales, algunos pueden volar, otros son útiles al ser humano. Hay animales domésticos y selváticos, cariñosos o agresivos, elegantes y de todo tipo de tamaño, formas y colores. Cada animal tiene características con las cuales podemos identificarnos.

Logros a desbloquear

- Autoconocimiento.
- Descubrir características positivas y negativas de los animales o plantas y minerales, que pueden darse en el ser humano también.

Necesito herramientas

- Papel
- Lápiz
- colores.
- Revistas que contengan de todo tipo de animales (peces, aves, mamíferos, etc.).
- Tijeras
- Cinta adhesiva.

Manos a la obra

Opción 1

1. Reflexionen sobre el animal, que por sus características positivas y/o negativas pueden parecerse a las que ellos como persona tienen.
2. Hagan un dibujo de este animal.
3. Respondan después las siguientes preguntas:
 - ¿Me gusta o no este animal? ¿Por qué?
 - ¿En qué se parece a mí?
 - ¿En qué me gustaría parecerme a él?
 - ¿En qué no me gustaría ser como él?

Opción 2

Recortar de las revistas que animal les llama la atención, que por sus características positivas y/o negativas pueden parecerse a las que ellos como persona tienen.

Con los recortes de los animales que ellos eligieron, elaboren un collage de todo el grupo en alguna pared para formar su zoológico, y contesten las preguntas que se hacen en la opción 1.

Profundicemos

Todo el grupo reunido compartirá cada uno, como vivieron la experiencia.

Opcional: Este mismo ejercicio puede hacerse con una planta y una cosa.

the 1990s, the number of people in the world who are under 15 years of age is expected to increase from 1.1 billion to 1.5 billion. This increase is expected to be particularly large in the developing countries, where the population is growing rapidly.

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